Pembrokeshire Integrated Voluntary Organisations Team

PIVOT

Providing support at home after a hospital stay.

Preventing inappropriate hospital admissions.

Building confidence and self-esteem to enable people to live independently within their own home.

Ring: 07969 881985

Monday to Saturday from 8am to 8pm

Sunday from 10am to 6pm

(Transport available daily from 10am)

PIVOT provides home based low level support for up to six weeks for people who:

- are at risk of admission to hospital for non-medical reasons
- require support on discharge home from a hospital stay
- need transport from hospital and settling at home
- require small adaptations to return home safely
- have no family or friends to support them on their return home.

Who can refer?

We welcome referrals from primary and community health and social care staff, and from staff working in acute health services, GP surgeries and Community Connectors

PACTO

Pembrokeshire Association of Community Transport Organisations

Cymdeithas Mudiadau Cludiant Cymunedol Sir Benfro

British Red Cross

Royal Voluntary Service

Together for older people

Volunteering Matters

PAVS

Gofal a Thrwsio

Care & Repair

How?

PIVOT will work in partnership to develop a person centred action plan to achieve agreed outcomes that will make a real difference.

This includes:

- transport and settling at home for people who have no means of getting home from hospital, or who need to attend health appointments at short notice. Wheelchair accessible transport is available.
- signposting and referrals for information and advice, and to additional help and support including other third sector, health and statutory services.
- access to a rapid response service for small adaptations within the home and home safety checks.
- practical and emotional support, including shopping, light housework, laundry, prescription collections and welfare calls.

The PIVOT Project is provided by a partnership of Voluntary Organisations in Pembrokeshire.

Cyngor Sir Penfro Pembrokeshire County Council

GIG Cymru NHS Wales

Bwrdd Iechyd Prifysgol Hywel Dda University Health Board

Llywodraeth Cymru Welsh Government

PIVOT is funded by Welsh Government and local statutory partners

Updated August 2022

Tîm Sefydliadau Gwirfoddol Canolraddol Sir Benfro

PIVOT

Darparu cymorth yn y cartref ar ôl arhosiad mewn ysbyty.

Atal derbyniadau amhriodol i'r ysbyty.

Adeiladu hyder a hunan-barch fydd yn galluogi pobl i fyw yn annibynnol yn eu cartrefi eu hunain.

Ffôn: 07969 881985

Dydd Llun i ddydd Sadwrn o 8am tan 8pm

Dydd Sul o 10am tan 6pm

(Trafnidiaeth ar gael bob dydd o 10am)

Mae **PIVOT** yn darparu cymorth lefel isel yn y cartref am hyd at chwe wythnos ar gyfer pobl:

- sydd mewn perygl o gael eu derbyn i'r ysbyty am resymau nad ydynt yn feddygol
- sydd angen cymorth wrth gael eu rhyddhau adref ar ôl arhosiad mewn ysbyty.
- sydd angen trafnidiaeth o'r ysbyty a setlo
- sydd angen addasiadau bychain er mwyn gallu dychwelyd adref yn ddiogel.
- sydd heb deulu na chyfeillion i'w cynorthwyo ar ôl dychwelyd adref.

Pwy sy'n gallu atgyfeirio?

Rydym yn croesawu atgyfeiriadau gan weithwyr iechyd sylfaenol a chymunedol a gofal cymdeithasol, yn ogystal â chan weithwyr sy'n gweithio yn y gwasanaethau iechyd llym, Meddygfeydd Meddygon Teulu, a Chysylltwyr Cymunedol

PACTO – Pembrokeshire Association of Community Transport Organisations – Cymdeithas Mudiadau Cludiant Cymunedol Sir Benfro

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Gofal a Thrwsio – Care & Repair

PAVS

Sut?

Bydd PIVOT yn gweithio mewn part-neriaeth i ddatblygu cynllun gweithredu sy'n canolbwyntio ar unigolion er mwyn cyflawni canlyniadau a gytunir a fydd yn gwneud gwahaniaeth o ddifrif.

Mae hyn yn cynnwys

- cludiant a setlo gartref i bobl nad oes ganddyn nhw ddull o fynd adref o'r ysbyty, neu sydd angen mynd i apwyntiadau iechyd ar fyr rybudd. Mae cludiant addas i gadeiriau olwyn ar gael.
- cyfeirio ac eiriolaeth lefel isel ar gyfer cael gwybodaeth a chyngor ac i gael mynediad i gymorth a chefnogaeth ychwanegol gan gynnwys gwasanaethau trydydd sector, iechyd a gwasanaethau statudol.
- gallu defnyddio gwasanaeth ymateb cyflym ar gyfer addasiadau bach yn y cartref a gwiriadau diogelwch yn y cartref.
- cymorth ymarferol ac emosiynol gan gynnwys siopa, gwaith ty ysgafn, golchi dillad, casglu presgripsiynau a galwadau lles.

Darperir Prosiect PIVOT gan bartneriaeth o Sefydliadau Gwirfoddol yn Sir Benfro.

Cyngor Sir Penfro – Pembrokeshire County Council

GIG Cymru NHS Wales – Bwrdd Iechyd Prifysgol Hywel Dda University Health Board

Llywodraeth Cymru Welsh Government

Mae Prosiect PIVOT yn cael eu hariannu trwy Llywodraeth Cymru a phartneriaid statudol lleol.

Diweddaru Awst 2022